

Invitation to 2019 ACT & NSW Ski-Orienteering Championship Perisher Valley, Nordic Shelter 11th August 2019, Start between 9.30am – 11.30am



The 2019 ACT & NSW Ski-Orienteering Championship will be held at Perisher Valley on Sunday 11th August, organised by Red Roos, Big Foot and Perisher X Country. This event forms part of XC Ski week (<u>www.perisherxcountry.org</u>) with the start in front of the beautiful, warm and special Nordic Shelter at Perisher.

Everyone who loves or dreams of trying Skiing or Orienteering, will be able to take an opportunity to combine both skills and to take part in our exciting Championship. It will be the 6th Championship, after Swedish ski-o expert Patrik Gunnarsson brought the concept back to Perisher in 2014. It is the only Ski-O event in Australia and among the only few in the Southern Hemisphere!

Courses:

Ski-Orienteering (Ski-O)(Individual) Start any time between 9:30 - 11:30am

Three Ski-O courses will be offered: Short (about 2.5km), Middle (about 5km) and Long (about 7.5km). They will be line courses with up to 10 control points, that have to be found in the given order.

Snogaine (Teams of 2 or 3) Mass Start at 10am

2h Snogaine (on skies only!!) will be offered with a mass start at 10am. Each CP marked on the map will be worth a specific number of points. Team with the highest score wins. Snowshoes are not permitted.

<u>Family Treasure-Hunt</u> (kids 5-12yo with adults supervision) **Start any time between 9:30 - 11:30am** A series of clues has to be collected to help you finally to discover a Treasure[®]! This is 30 min - 1h snow adventure (on skies or on snowshoes) that your kids and you will really enjoy[®]!

Entries

Please register through Eventor <u>https://eventor.orienteering.asn.au/Events/Show/7445</u> starting February 2019. Non-orienteers are welcome to register at Eventor too or to send registration on contact email below. Entry fee is \$20 (for adults), \$15 (for under 21s) and kids under 10 are free.

Hot chocolate, coffee and tea will be provided at the Finish :

Courses Planner: Fedor Iskhakov, Red Roos Event Director: Marina Iskhakova, Red Roos 0412 308 310 <u>Marina.Iskhakova@gmail.com</u> <u>http://act.orienteering.asn.au/</u>