



# O'Shea 2 DAY 2024 – 2nd & 3rd March

Central Coast Orienteers invite you along to the O'Shea2 day (aka Toukley 2 Day).

Enter this event and you can enjoy orienteering with a difference. Three events over two days, in teams of two. So find a running partner and Enter!

The format of this event was first organized by Central Coast orienteer Frank Anderson and based on popular Scandinavian formats. **Relays and night** orienteering are very popular in Sweden, Norway and Finland- in some cases even more popular than traditional individual competitions.

**Saturday 2<sup>nd</sup> March (Mass starts at 1pm) - Relay** - For teams of two with a longer and a shorter leg.

**Saturday 2<sup>nd</sup> March (night) Individual night course** for each team member, with the fastest time of the team counting towards overall time. So both team members do not have to compete at night if you're scared of the dark.

**Sunday 3<sup>rd</sup> March (Mass start 10am) - Team score event**- all controls must be visited but are split between the team. Both teams to punch last control and run to the finish together.

**While the O'Shea 2 Day is essentially an event for pairs, you can enter the Saturday and the Sunday events as an individual but will not be part of the overall competition.**

**Event 1, Relay**- Map: Rumbalara Map Scale: 1:7500

Terrain: Bush with some tracks and lots of rock detail with some cross country navigation.

**Mass Start: Long Pairs 1:00pm, Short Pairs 1:15pm**

Course Setter: Colin Price

Courses: Long 4.5km, Medium 3.7km, Short 2.5km (approx. distances only)

**Event 2, Night Line Course** –Map: East Gosford Map Scale: 1:7500

Terrain: Urban streets & parks with some bush trails.

**First start: approx. 8:00pm (after dark).**

Starts at 1 minute intervals, slowest team first.

Course Setter: Melissa Robertson

Courses: Long 3.9 km, Medium 3.3km, Short 2.2km (approx. distances only)

**Event 3, Team Score** - Map: Rumbalara Map Scale: 1:7500

Terrain: Bush with some tracks and lots of rock detail with some cross country navigation.

**Mass start: 10:00am precisely for everyone.**

Course Setter: Colin Price

Courses: Long pairs 20 controls, Short Pairs 15 controls (Split between the team).



### Entry

Enter is ONLY via Eventor and please read the instructions on "How to Enter"

Entries close midnight Wednesday 28<sup>th</sup> February.

Entry Fee; \$60 per team for the three events i.e: \$30 per team member (Junior \$24)

Individual entry \$15 per event.

### Directions

**Saturday Relay (1pm) and Sunday Score events (10am precisely).**

**Rumbalara Reserve.** (Relay & Score)

From Wells Street turn into Springfield Road. After 250 metres turn left into Dolly Ave and follow this UP into the reserve.

**Saturday**, proceed to the very end of Dolly Ave, [-33.423153, 151.348992](#)

**Sunday**, Arena will be located just past the Yaruga picnic area (on Dolly Ave) 300 metres past the water tank.

[-33.425047, 151.353713](#)

**Saturday night line course.** (sunset approx. (7:30pm) Start approx. 8:pm) Be ready!

<https://maps.app.goo.gl/gSPu6QucwAAF1Ri48>

### PARKING;

Please park tightly as there may be limited spaces.

**TOILETS** in Rumbalara Reserve are located in the Yaruga picnic area which you will pass on the way to the relay area.

**PRIZES** - As usual our Traditional tree cakes and lots of fun.



**Entry queries** – Read Eventor then contact David Bowerman

General enquiries; Colin Price 0415210339

**Central Coast Orienteers** <http://www.ccorienteering.org/>