

Orienteering Association of New South Wales Inc.

Annual Report 2010





Orienteering Association of NSW

ABN 45 062 472 184

PO Box 3295, North Strathfield 2137
Telephone
02 8116
9848

Email: orienteering@sydney.net

Website: www.nsw.orienteering.asn.au

Affiliated with the Orienteering Federation of Australia

OFFICE BEARERS 2010

President	Paul Prudhoe	CC			
Secretary	Dave Lotty	UR	MetrO League		
Finance Director	Robert Spry	BN	Secretary	Frank Assenza	BN
Technical Director	Gordon Wilson	BN	Commissioners	Simon George	BF
Promotion Director	Barbara Hill	GO		Karin Hefftner	GO
Communications Director				Ron Pallas	UR
	Alex Davey	WR	Sydney Summer Series		
Coaching Director	Nick Dent	CC	Coordinator	Ross Barr	GO
Planning Director	John Havranek	GO	Statistician	David McKenna	UR
Special Projects Director			Webmaster	Alex Davey	WR
	David West	MD	Route Gadget Coordinator		
Statistician (OY)	Colin Bailey	NC		Russell Rigby	NC
Statistician (SOS)	Chris Crane	WH	MTBO Officer	David West	MD
Statistician (SSS)	David McKenna	UR	Belanglo House Manager		
Statistician (handicap)				Chris Murphy	UR
	Gordon Wilson	BN	OA Councillor	Paul Prudhoe	CC
Selectors	Robyn Pallas	CC	Auditor	Tom Nolan	
	Geoff Todkill	NC	Professional Officer	Dave Lotty	
	Hilary Wood	CC	Development Officers (Part Time)		
Junior Squad Coordinators				Barbara Hill	
	Russell Blatchford	NC		Lyn Malmgron	
	Karen Blatchford	NC		Carolyn Rigby	
Senior Squad (Stingers)					
Coordinator	Felicity Brown	CC			
Finance	Terry Murphy	UR			

PRESIDENT

The 2010 Annual Report signifies the conclusion of my third year as President of the Association having been elected at the 2008 AGM.

With the 2009 World Masters Orienteering Championships a distant memory, 2010 was a year with no carnivals or other large events to be organised by the Association, and one that allowed many members to recover and to compete more than they had done since 2006.

Review of the participation numbers indicate a continued interest and growth in the daylight saving Summer Series of approx. 9% (average number of competitors 207 up from 190 in 2009), while the Monday evening Sprint Series also experienced a significant increase in numbers – 90% on 2009 (average number of competitors in 2010 was 65, up from 49 in 2009). Ross Barr and Terry Bluett are to be congratulated for their roles in the coordination of the two series. It was also pleasing to see that the 2010 Xmas 5 Days numbers increase by approx 42% (over all 5 days). The Championship events (Long, Middle and Sprint) also saw an increase in numbers. Comparison of the bush events is difficult due to the staging of WMOC in 2009.

Club memberships were again down compared to the previous year (916 members compared to 972 in 2009), with a number of clubs experiencing a reduction. However it was pleasing to note that GON, NCN and BFN were able to increase their memberships. The Association should note that the number of memberships in 2010 is the lowest since 2005, when there were 1016 members. The need for the Association to promote Orienteering and for clubs to promote memberships grows ever stronger.

2010 saw OANSW continue with the Active After Schools Community program with funding from Australian Sports Commission. Under the guidance of

Promotions Director Barbara Hill, and assisted by a number of Association members, orienteering continued to be introduced a number of schools. Almost 2000 students across all years attended the development courses provided by the Association Development Officers. The Board thanks all who assisted with these programs, and especially thanks Barbara, Lyn Malmgron, Carolyn Rigby and Maria Orr for their support. OANSW's appreciation is also extended to Russell and Karen Blatchford who again managed the NSW Junior Squad in 2010. Additionally I would like to thank the Association delegates and those members who have supported OANSW throughout the year.

2010 saw the retirement of the Association's long standing Executive Officer, Dave Lotty, after 37 years of supporting orienteering in NSW and 25 years as Secretary for Orienteering Australia. The Association owes a great debt of gratitude to Dave for all that he has done for the sport over his long career as Executive Officer, and we wish him well in his retirement.

Financially the Association continues to progress well and the Board has again been able to responsibly manage the budget as required by the Association. 2010 saw an increase in income and a reduction in expenses giving rise to an increased operating surplus for the year.

To the retiring Directors and to those Directors continuing in 2011, thank you for your involvement and support in 2010.

As always the Board welcomes input from the membership and with your help looks forward to a successful 2011.

Paul Prudhoe
President

TECHNICAL

Event standards and controlling

One State League/NOL event during 2010 had significant problems. Map quality, course lengths, suitability of courses for older competitors and SI time problems all being in question. A post event review was conducted to identify ways to minimise these types of errors in future.

All other events were generally of a satisfactory standard although a few minor issues were encountered. Problems with setting the time of SI units and provision of water at starts are still recurring minor issues. Controller's reports were received from all but two events.

A level 1 and level 2 controllers course was conducted in conjunction with OACT in September. The courses were well attended and considered very successful. The course was held at the Belanglo Hut over two days. It is planned to hold a similar course in 2011. Hopefully at a location north of Sydney.

SportIdent

A firmware upgrade was carried out on all ONSW SportIdent units during the year. This upgrade overcame a problem with the use of newer SI e-sticks. Thanks is given to Ron Pallas for his work to carry out this upgrade. The use of SI at metropolitan events is increasing. The Sydney Sprint Series now uses SI at all events and there are plans for the Sydney Summer Series to be completely SI for the 2011-12 series. Andy Simpson and Bigfoot need to be acknowledged in their efforts in encouraging greater use of SI.

Special Interest Groups

Two special interest groups were set up during 2010. One for SportIdent and the other for Mapping. The SportIdent SIG has been set up as an online forum using Google groups. These SIGs are open to anyone with an interest in the relevant topic.

Gordon Wilson
Technical Director

PROMOTION

During the 2010/11 year considerable groundwork has been achieved by the Association and clubs as they have united in an effort to raise the profile of orienteering. At the 2010 AGM an outline of a plan for the development of marketing and promotion activities was agreed. Since that time implementation of the plan has progressed with to the development of a Promotion and Marketing Strategy which was agreed upon at the November 2010 Association meeting.

Promotions and Marketing Strategy Progress

Approval of this strategy heralded a new direction for the sport in NSW. With the agreement of clubs to jointly fund and support the engagement of a part-time Promotion and Development Officer as well as additional funding for the production of marketing materials, the sport now has the capacity to promote itself within NSW like never before. The initiative was approved on a three year trial basis and is now three months into its first year.

Progress in relation to particular actions is summarised below:

Engage a part-time Promotion and Development Officer - This position was advertised in February 2011 and, due to limited responses, has been advertised more broadly through March.

Engage a professional graphic artist to develop templates of advertising materials - A tender process was conducted and a graphic artist has been appointed.

The starting point was a review of ONSW stationary and existing materials. A number of promotional materials have been generated and will continue to be developed as required. With the delay in appointment of a promotions officer the graphic artist has also been engaged to develop specific event/series materials. To date the graphic artist has:

- Filtered through thousands of photographs to compile a portfolio of photos suitable for promotional use;
- Refreshed and sharpened the Orienteering NSW logo to print standard;
- Designed a membership card;
- Designed an ONSW business card;
- Redesigned ONSW letterhead incorporating the revised logo;
- Designed a NSW Junior Squad banner;
- Revised the ONSW mail out cover sheet (for use after existing stock is used up);
- Designed a State League promotional flier;
- Designed a template for information/entry brochures for State League weekends; and
- Designed a Sydney Junior Orienteering League brochure.
- Materials expected to be available in the near future:
- Free-entry vouchers for the promotion of events;
- A template for the distribution of coming event details to participants in promotional activities; and
- Promotional stands and posters to be available for all clubs and Development Officers.

Through the Association office, a portfolio of club logos is also being compiled so that promotional material can be readily prepared for any or all clubs.

Event finetuning

- Saturday junior series: Time limitations have delayed progress.
- Long green course: The Association Manual requires updating accordingly.
- Sub-juniors at State Leagues: string courses and activities will be arranged by a variety of volunteers for 2011 events.

Voucher system - These are expected to be available by the end of March 2011.

All clubs are invited to utilise the professional design capacity that the Association now has for the generation of

promotional materials. In particular, all State League event organisers are encouraged to utilise the service to generate consistent information/entry brochures.

Other Promotional and Development Activities

During the past year, development activities conducted by and coordinated through the Association have continued to grow. Highlights have included:

Paddy Pallin promotion – This promotion was arranged by Orienteering Australia. ONSW Development Officers and other volunteers actively promoted the sport and benefits of club membership, provided introductory coaching opportunities and distributed information to individuals at a variety of events.

Space Racing – A child friendly Space Racing format of event was conducted in October 2010 and January 2011 at Sydney Olympic Park. Over 70 children (with accompanying parents or carers) participated in the races and a number have since attended public events. The program will continue with requests from Sydney Olympic Park to conduct events in future school holiday periods.

Active After Schools Communities

program – New coaches have been trained for this program and record interest is being received in orienteering. The program is strongest in the Newcastle and Central Coast regions. Development Officers are working with the Australian Sports Commission and clubs to link keen children into clubs and public events.

School programs – Development officers were engaged to develop and conduct orienteering programs at a variety of schools. These included a number of schools in the Hunter/Central Coast region, Barker College, other Sydney schools and Home School groups. The Regional School Orienteering Championships program was strengthened in 2010 by the addition of a Sydney West Championship conducted by Western & Hills Orienteers with Development Officer support.

Community orienteering – Within Newcastle a program was conducted at the

University of the Third Age. A permanent course was also established at Hunter Wetlands (and promoted on television). **Sydney Junior Orienteering League** – a number of new juniors were introduced to regular participation through this Series and also became new club members. The League is scheduled to continue in 2011.

It has been a pleasure to work with so many dedicated volunteers during the past year. Their skills, hard work, enthusiasm and dedication to the sport are certainly inspirational. As the Association moves into the next few years of the promotion initiative it is reassuring knowing that the sport is supported and events delivered by such a committed and capable group of people.

Barbara Hill
Promotions Director

COACHING

Coaching Report 2010

Given the increasing numbers of juniors starting to participate in State League events and become involved in the Junior Orienteering squad there needs to be a focus by clubs on the role of coaching in orienteering.

A highlight of the year has been the President's Award at the annual presentation dinner going to Karen and Russell Blatchford for their contribution to the development of the junior squad and their role in significantly increasing the numbers attending the training camps that they organize.

To enable club members to achieve coaching qualifications a Level I coaching and training camp was held in February at Belanglo. The main focus at this camp was the progression from very easy to easy and to moderate courses for 11 to 14 year old juniors in particular. It was reasonably well attended and it is hoped that from this we will increase the number of Level 1 coaches in the future.

To back up this coaching course, resources that will help with coaching have been

made available on the ONSW website under coaching.

Also this year the junior squad has been able to purchase more SI equipment from funds made available from the World Masters. This equipment will enable all training exercises to utilize the benefits of SI.

Newsletter report from Squad Managers for 2010 - Russell and Karen Blatchford

What a successful year 2010 has been for the NSW Orienteering squad; successful both in terms of growth in numbers, growth in skill and fitness development and growth in interest and commitment. This success can be directly attributed to the efforts of a lot of people and the continued support we have received from OANSW, NSW orienteering clubs, families and in particular the financial support from our major sponsor, The Carbine Club. It is support like this that enables our junior orienteers to not only set themselves future goals but also pursue their dreams.

Achievements and activities during 2010 Our first training camp followed the Easter 2010 carnival in the ACT. We were most fortunate to have Julian Dent, Felicity Brown and Roch Prendergast address the squad during our stay and pass on valuable information regarding training programs, goal setting, simplification and race preparation. From Canberra we moved to Jindabyne to compete in the SnowE treble series of races.

Our July training camp was centred around the idea of trying to include terrain similar to what we would encounter at the Schools Champs in South Australia, hence we once again went to Canberra and trained at 'Kowen Forest East' for pine forest, 'Timbertops' for fast/open spur gully and 'ANU' for sprint training. It was terrific to have some ACT juniors join us for activities and we'll look to further develop this relationship in the future.

All junior squad members were encouraged to attend State League events and we had a significant number representing the NSW Stingers in junior

NOL events. Nine of our current squad contested the junior men's NOL in 2010, with the team finishing second overall. Six of our squad contested the female junior NOL, finishing 4th overall as a team. A commendable amount of effort was put into fundraising for the team during the year, coordinated by the Bennett's, but supported by all families and competitors at the State League events. Your assistance was greatly appreciated.

The Squad's fantastic year culminated with the Schools Champs in South Australia where we had some terrific results. Probably the most positive thing to come from the Carnival is the realisation of the depth we have developed in the squad. Senior and junior boys and girls were very competitive and squad members have developed such great team spirit that we look forward to further developing their skills and fitness in anticipation of being able to send a full team to the Schools champs in 2011.

The past few years have seen remarkable developments including;

1. Increased size of the squad - over 30 participants at the recent Xmas camp;
2. Training techniques – we have been able to use Sportident at camps and have appreciated the involvement of coaches and elites at various levels.
3. New uniforms for the schools team
4. Development of strong friendships among this fantastic group of athletes.
5. A strong contingent attending National training camps.

As Managers of the Training squad and schools team it has been an absolute pleasure working with such a terrific group of young people and they have certainly done themselves, their families and their sponsors proud. With continued support and assistance the future for NSW Junior orienteering looks extremely positive. If our recent Xmas camp is anything to go by, numbers in NSW Junior orienteering are certainly on the rise.

Nick Dent
Coaching Director

COMMUNICATIONS

Website developments

2010 again saw some gradual change to the OANSW website, although not to the extent that I had hoped for. Improvements have included:

New Events Calendar using Google calendars as the back end. Thanks to Anthony Darr, the Associations Administration Officer who developed, published and is maintaining this. It is hoped that clubs will take up the concept and also use this calendar.

The online Course Setter of the Year survey underwent some subtle changes, mainly in regard to varying questions according to the event type. Unfortunately, responses from competitors were still generally very low.

Continued improvement to the eNewsletter, which now carries live web links to club web pages for event information. It is hoped to transition to an entirely online format (ie no printed version) over the next year but it is recognised that some members may still want a paper copy.

We are now on Twitter!

OANSW has supposed, and is prepared to assist with the funding of, a major review of web page technology being promoted and supported by OA with the view being to either enhance or completely replace the existing SocialFX backend used by many states and OA. A concept paper was presented to the OA Conference in November and a working party will drive the review. The first stage has been to draft a terms of reference for a consultancy review and this will be advertised soon.

Online entry

OANSW is pushing towards a complete online entry system for all major events in NSW. In 2010 Clubs are being encouraged to use the services of the ACT-based Transition Zone to provide online entry for their State League events. This is

somewhat ad hoc and involves clubs acting on an individual basis. The Board, primarily through the Administration Officer, is looking to develop a centralised online entry portal on the web site that all clubs can use.

Online membership

For 2010 and onwards, the Board decided to centralised memberships and Anthony Darr has put together the first version for renewals in January 2010. This will be refined for 2011 to provide a full direct and EFTPOS payment system.

Association Manual

In early 2010, the Board commenced an extensive review of the Association Manual, with each Director reviewing the chapters falling under their respective portfolios. This review should be completed in the next few months with revised and updated documents published on the website soon thereafter.

Alex Davey
Communications Director

SPECIAL PROJECTS

MTBO

A total of 16 MTBO events were held in NSW in 2010. There were 9 events in the 2010 NSW Cranks Bikes MTBO SuperSeries organised by Mountain Devils MTBO Club, including the first round of the National MTBO Series held at Sunny Corner and on a new map at Jenolan East in March, and the NSW State Championships held on a new map at Jumping Rock in September. A 6 hour enduro (Bike Adventure @ Wingello) was held in late October on an extended Wingello map, and six 75 minute score events were held in the Newcastle region by Newcastle Orienteering Club as part of their Bike Orienteering Summer Series.

New maps were prepared by Mountain Devils MTBO Club at Jenolan East (also called "Billenbenbong" by BigFoot), Wingello Quarries (1:7500k sprint map of portion of Wingello SF), Jumping Rock (new

map of grazing properties adjoining the eastern side of Penrose SF), and an extension of the Wingello map to include the fire trails into the National Park.

Participation numbers at MTBO events in NSW have fallen away over the past eighteen months. Preliminary investigations suggest that this may be due to lower levels of advertising of MTBO in the adventure racing community, and to the increasingly full mountain biking and adventure racing event calendars. The ONSW marketing initiative will provide support in this area that may arrest this slide.

In 2011, a calendar of 8 events in the 2011 NSW Cranks Bikes MTBO SuperSeries is scheduled, along with a 6 hour enduro (Bike Adventure @ Taree) and six more events in Newcastle Orienteering Club's BOSS program. Plans are in preparation for a new Sydney Winter Series on park areas within the Greater Sydney metropolitan area based on the 75 minute score event format, with two events likely to be held this year.

Challenges with access to mapped areas are developing, with transfer of native forest areas from State Forests to National Parks, and an active program of logging of plantation pine forests on a number of our popular maps (Penrose, Belanglo, Duckmaloi, Sunny Corner, Newnes, Lidsdale).

Participation grant funding has been awarded by the ASC to develop a programme of Du-O events in NSW similar to the series pioneered in Victoria over the past few years. This may be integrated into the Sydney Winter Series, and might be marketed to the triathlon community as well as the adventure racing market.

Belanglo House

Orienteers and others continued to use Belanglo House throughout 2010. A number of maintenance items and opportunities for improving facilities at

Belanglo House were identified, and these will be reviewed during 2011. A maintenance weekend was scheduled for March 2011.

Other Projects

No other projects were undertaken under the auspices of the Special Projects Director in 2010.

David West
Special Projects Director

MEMBERSHIP STATISTICS 2010

	F	S	J	A	T
BF	22	4			26
BN	10	19		1	30
CC	8	3		1	12
GO	42	39	5		86
GS	10	3		11	24
IK	15	6		1	22
MD	12	17		11	40
NC	42	22	1	36	101
NT	8	4		7	19
SH	11	8			19
UR	20	8			28
WH	8	20	2		30
WP	4	1	1		6
WR	4	4		1	9
Associated Groups					4
	<u>215</u>	<u>157</u>	<u>9</u>	<u>69</u>	<u>454</u>
					(366 renewals: 76%)

Total	Sub Jr	Junior	Senior	Masters	
	<11	11-20	21-34	35+	
Male	62	91	43	346	542
Female	53	56	36	230	374
	<u>115</u>	<u>147</u>	<u>79</u>	<u>576</u>	<u>916</u>

Previous Years			
2009	478	(370 renewals: 80%)	972
2008	459	(357 renewals: 78%)	941
2007	460	(362 renewals: 80%)	949
2006	451	(370 renewals: 79%)	993
2005	469	(378 renewals)	1016

EVENT STATISTICS 2010

Major Events			
"A" Events			
NOL Sprint	1	249	
NSW Long	1	257	
NSW Middle	1	253	
NSW Sprint	1	277	
"B" Events			
SL Events	10	2248	
	<u>14</u>	<u>3284 (234)</u>	
Minor Events			
"C" Events			
MetrO League	4	578 (145)	
Sydney Series	3	291 (97)	
Xmas 5 Days	5	1426 (285)	
Minor Weekend	15	1062 (71)	
"D" Events			
Sprint Series	10	650 (65)	
Summer Series	26	5369 (207)	
Other Street	7	380 (54)	
	<u>70</u>	<u>9756 (139)</u>	

Grand Total **84** **13040 (186)**

Previous Years

2004	77	13724 (178) AC X
2005	74	10197 (138)
2006	80	10380 (130)
2007	89	16122 (181) X AC WJ X
2008	81	12567 (155) A3
2009	83	17023 (157) WM X
AC		AUS Champs
A3		AUS 3 Days
X		Xmas 5 Days

Club (Regional) Events 119 4788 (40)

MTBO Events

NSW Long	1	73
NSW Short	1	42
Other	8	488

10 603 (60)

MAJOR EVENT RESULTS

STATE LONG CHAMPIONS 2010

The NSW Long Championships were held near Cullen Bullen ("Baal Bone Junction") on 12 September.

Organiser Larry Weiss

For Garingal Orienteers

Planner Peter Annetts

Controller Paul Prudhoe CC

W-10	Rachel Osborne	BF
W-12	Rebecca George	BF
W-16	Michele Dawson	GO
W-18	Sally-Anne Henderson	NC
W21	Jo Allison	ACT
	Cath Chalmers	BF resident (2)
W35	Anna Hyslop	ACT
	No resident	
W40	Barbara Hill	GO
W45	Kerrie Mitchell	WP
W50	Liz Abbott	ACT
	Hillary Wood	WH resident (4)
W55	Valerie Barker	ACT
	Debbie Byers	BF resident (3)
W60	Val Hodsdon	SH
W65	Jenny Hawkins	NT
W70	Christa Schafer	GO
M-10	Alastair George	BF
M-12	Jesse Piironen	ACT
	Duncan Currie	GO resident (2)
M-14	Aidan Dawson	GO
M-16	Lewis Berkholz	NC
M-18	Alex Massey	NC
M-20	Josh Blatchford	NC
M21	Julian Dent	CC
M35	Miles Ellis	BF
M40	Jock Davis	BF
M45	Andy Simpson	BF
M50	Mark Darvodelsky	UR

M55	John Scown	ACT
M55	James Lithgow	GO resident (2)
M60	Ross Barr	GO
M65	Ron Junghans	GO
M70	John Hodsdon	SH
M75	Barry Hanlon	WH

Bennelong Trophy (ACTvNSW)
NSW 59.5 d ACT 40.5
On results of NSW and ACT Championships

STATE MIDDLE CHAMPIONS 2010

The NSW Middle Championships were held near Wallerawang ("Mount Piper Hills") on 11 September.

Organiser Matt Hackett
For Western and Hills Orienteers
Planner Ted Mulherin
Controller Chris Crane

W-10	Rachel Osborne	BF
W-12	Rebecca George	BF
W-16	Michele Dawson	GO
W-18	Sally-Anne Henderson	NC
W-20	Belinda Lawford	ACT
	Alice Moore	NC resident (2)
W21	Jo Allison	ACT
	Felicity Brown	CC resident (3)
W35	Anna Hyslop	ACT
	Lisa Linssen	GO resident (2)
W40	Jenny Enderby	NC
W45	Paula Shingler	BF
W50	Liz Abbott	ACT
	Julia Prudhoe	CC resident (3)
W55	Liz Wood	VIC
	Lynn Dabbs	WH resident (3)
W60	Kerryne Jones	ACT
	Val Hodsdon	SH resident (2)
W65	Ann Ingwerson	ACT
	Bryony Cox	GO resident (2)
W70	Maureen Ogilvie	UR
M-10	Thomas Hyslop	ACT
	Alastair George	BF resident (3)
M-12	Alex Kennedy	GO
M-14	Aidan Dawson	GO
M-16	Matthew Hill	GO
M18	Alex Massey	NC
M-20	Josh Blatchford	NC
M21	Julian Dent	CC
M35	Jock Davis	BF
M40	Paul Marsh	BF
M45	Glenn Burgess	NC
M50	Mark Darvodelsky	UR
M55	Nick Dent	CC
M60	Robert Allison	ACT
	Jim Lee	NC resident (2)
M65	Dave Lotty	UR
M70	John Hodsdon	SH
M75	Eino Meuronen	ACT
	Neil Schafer	GO resident (2)

STATE SPRINT CHAMPIONS 2010

The NSW Sprint Championships were held at Dubbo ("Sheraton Road") on 12 June.

Organiser Darren Francis

For Goldseekers Orienteers and Western Plains Orienteers

Planner Karen Hagan
Controller Basil Baldwin

W-10	Sophie Jones	UR
W-12	Georgia Jones	UR
W-14	Emily Hyland	WP
W-16	Michele Dawson	GO
W-18	Sally-Anne Henderson	NC
W-20	Heather Muir	QLD
	Tamara Orr	CC
W21	Shannon Jones	ACT
	Tracy Marsh	BF resident (4)
W35	Anna Hyslop	ACT
	No resident	
W40	Barbara Hill	GO
W45	Karen Blatchford	NC
W50	Liz Abbott	ACT
	Debbie Davey	WR resident (2)
W55	Carolyn Rigby	NC
W60	Carol Jacobson	GO
W65	Robin Spriggs	QLD
	Angela Murray	UR resident (3)
W70	Janet Morris	WH
M-10	Noah Poland	ACT
	Cohen Wisniewski	BF resident (2)
M-12	Alex Kennedy	GO
M-14	Daniel Hill	GO
M-16	Matthew Hill	GO
M-18	Kasimir Gregory	NT
M-20	Ian Lawford	ACT
	Joshua Blatchford	NC resident (2)
M21	Eric Morris	BN
M35	Goeff Lawford	ACT
	No resident	
M40	Mark Freeman	BF
M45	Andy Simpson	BF
M50	Grant McDonald	ACT
	Russell Blatchford	NC resident (3)
M55	Richard Robinson	QLD
	Nick Dent	CC resident (2)
M60	Robert Allison	ACT
	Jim Lee	NC resident (2)
M65	Dave Lotty	UR
M70	Robin Simson	QLD
	John Hodsdon	SH resident (2)
M75	Barry Hanlon	WH

STATE NIGHT CHAMPIONS 2010

The NSW Night Championships were held at Doonside ("UWS Penrith") on 24 April

Organiser Jim Forbes
For Garingal Orienteers
Planner Graham Dawson
Controller Carol Jacobson

W-16	Nicola Blatchford	NC
W-18	Eleanor Ross	NC
W21	Jenny Enderby	NC
W45	Carol Matthews	NC
W50	Julia Prudhoe	CC
W60	Val Hodsdon	SH
W65	Angela Murray	UR
W70	Janet Morris	WH

M-10	Jared McKenna	UR
M-14	Aidan Dawson	GO
M-18	Alex Massey	NC
M40	Peter Annetts	GO
M45	Andy Simpson	BF
M50	Grant McDonald	ACT
	Geoff Todkill	NC resident (2)
M55	Gordon Wilson	
M60	Steve Flick	BN
M65	Dave Lotty	UR
M70	John Hodsdon	SH
M75	Barry Hanlon	WH

STATE RELAY CHAMPIONS 2010

The NSW Relay Championships were not conducted in 2010

STATE MTBO CHAMPIONS 2010

The NSW MTBO Long Championships were held near Penrose ("Jumping Rock") on 19 September.

Organiser/Planner David West
for Mountain Devils MTBO Club

W-12	Sarah McCauley	MD
W21	Mary Fien	BF
W40	Carolyn Matthews	NC
W50	Nora Skilton	MD
W60	Kate Chown	MD
M-14	Ryan McCauley	MD
M-16	Timothy Jackson	VIC
	No resident	
M-20	Matthew Davis	SH
M21	Damian Welbourne	NC
M40	Huw Kingston	MD
M50	Peter Cusworth	VIC
	Robert Prentice	SH resident (2)
M60	Peter Hill	VIC
	Chris Bayliss	MD resident (2)

STATE TEAMS 2010

Australian Schools Championships

W16+	Bridget Bennett	GS
	Michele Dawson	GO
	Sally-Anne Henderson	NC

Alinta Merrottsy NT

M16+	Robert Bennett	GS
	Kasimir Gregory	NT
	Matthew Hill	GO
	Huon Wilson	GO

W-15	Nicola Blatchford	NC
	Rhiana Roberts	NC

M-15	Scott Charlton	NC
	Aidan Dawson	GO
	Daniel Hill	GO
	Toby Wilson	GO

Australian Championships????

W21	Tracy Marsh	BF
	Felicity Brown	CC
	Briohny Davey	WR
M21	Steve Todkill	NC
	Rob Preston	NC
	Matt Parton	GS
	David Meyer	SH

ORIENTEERS OF THE YEAR 2010

W-10A	Joanna Hill	GO
W-12A	Georgia Jones	UR
W-14A	Rebecca George	BF
W-16A	Michele Dawson	GO
W-18A	Sally-Anne Henderson	NC
W-20A	Tamara Orr	NC
W21A	Tracy Marsh	BF
W21AS	Margaret Jones	UR
WopenB	Tania Kennedy	GO
W35A	Lisa Linssen	GO
W35AS	Maria Orr	NC
W40A	Barbara Hill	GO
W45A	Karen Blatchford	NC
W45AS	Karen Hagan	WP
W50A	Lynn Dabbs	WH
W55A	Carolyn Rigby	NC
W60A	Val Hodsdon	SH
W65A	Angela Murray	UR
W70A	Maureen Ogilvie	UR
M-10A	Alastair George	BF
M-12A	Alex Kennedy	GO
M-14A	Aidan Dawson	GO
M-16A	Matthew Hill	GO
M-18A	Alex Massey	NC
M-20A	Joshua Blatchford	NC
M21A	Eric Morris	BN
M21AS	Daniel Orr	NC
MopenB	Mike Hanratty	GO
M35A	Jock Davis	BF
M35AS	Shane Jenkins	NC
M40A	Paul Marsh	BF
M45A	Andy Simpson	BF
M45AS	Andrew Power	NC
M50A	Russell Blatchford	NC
M55A	Nick Dent	CC
M55AS	Kevin Parton	GS
M60A	Jim Lee	NC
M65A	Dave Lotty	UR
M70A	John Hodsdon	SH
M75A	Barry Hanlon	WH
M/WopenC	Samantha Wallace	WP

NSW INTERCLUB 2010

1	Newcastle	1451
2	Garingal	1176
3	Uringa	391
4	Big Foot	352
5	Bennelong Northside	320
6	Goldseekers	243
7	Central Coast	232
8	Western and Hills	229
9	Western Plains	171
10	Southern Highlands	161
11	Northern Tablelands	160
12	Waggaroos	65
13	Illawarra Kareelah	58

NSW MTBO SUPER SERIES 2010

Course 1 – Men	Malcolm Roberts	NC
Course 1 – Women	not awarded	
Course 2 – Men	Brett Vallance	MD
Course 2 – Women	Mary Fien	BF

Course 3 – Men	Andrew Power	NC
Course 3 – Women	Carolyn Matthews	NC
Course 4 – Men	Robert Lewin	NC
Course 4 – Women	Nora Skilton	MD
Course 5 – Men	Jim Anderson	GO
Course 5 – Women	Kate Chown	MD

AUSTRALIAN LONG CHAMPIONSHIPS 2010

The Australian Long Championships were held near Tanunda SA ("Tanunda Creek") on 2 October.

First

W10	Olivia Stansfield	GS
M20	Josh Blatchford	NC
M21	Julian Dent	CC
M65	Dave Lotty	UR
M70	John Hodsdon	SH
M75	Barry Hanlon	WH

Second

W12	Melissa Annetts	GO
W40	Barbara Hill	GO
W45	Karen Blatchford	NC
W70	Christa Schafer	GO
W75	Maureen Ogilvie	UR
M14	Daniel Hill	GO
M35	Paul Marsh	BF
M80	Neil Schafer	GO

Third

W12	Georgia Jones	UR
W40	Carolyn Stansfield	GS
W60	Val Hodsdon	SH
W65	Jean Baldwin	GS
W70	Janet Morris	WH
M14	Aidan Dawson	GO
M16	Matthew Hill	GO
M50	Eoin Rothery	BF
M65	Ron Junghans	GO
M70	Basil Baldwin	GS

OA Shield (overall Points)

1 NSW

2

Ambassadors Trophy (W21 Teams)

4 NSW

Silva Trophy (M21 Teams)

? NSW

AUSTRALIAN MIDDLE CHAMPIONSHIPS 2010

The Australian Middle Championships were held near Tanunda SA ("Lady Alice Goldfield") on 25 September.

First

W60	Val Hodsdon	SH
W65	Jenny Hawkins	NT
W75	Maureen Ogilvie	UR
M21	Julian Dent	CC
M70	John Hodsdon	SH
M75	Barry Hanlon	WH

Second

W-10	Joanna Hill	GO
W40	Barbara Hill	GO

W70	Janet Morris	WH
M80	Neil Schafer	GO
Third		
W12	Georgia Jones	UR
W55	Lynn Dabbs	WH
W70	Christa Schafer	GO
M40	Ian Jones	UR

AUSTRALIAN SPRINT CHAMPIONSHIPS 2010

The Australian Sprint Championships were held at Gawler SA ("Trinity College") on 1 October.

First

W40	Barbara Hill	GO
W70	Janet Morris	WH
M21	Julian Dent	CC
M65	Dave Lotty	UR
M75	Barry Hanlon	WH
M80	Neil Schafer	GO

Second

W12	Georgia Jones	UR
W75	Maureen Ogilvie	UR
M14	Aidan Dawson	GO

Third

W12	Melissa Annetts	GO
W40	Margaret Jones	UR
W45	Karen Blatchford	NC
W65	Jean Baldwin	GS
W70	Christa Schafer	GO
M40	Peter Annetts	GO
M50	Eoin Rothery	BF
M65	Ron Junghans	GO
M70	Lloyd Gledhill	GO

AUSTRALIAN RELAY CHAMPIONSHIPS 2010

The Australian Relay Championships were held near Swan Reach SA ("Rock Oyster") on 3 October.

First

W16	Nicola Blatchford NC, Alinta Merrotsy NT, Michele Dawson GO
W55	Judith Hay BN, Lynn Dabbs WH, Val Hodsdon SH
W65	Jenny Hawkins NT, Janet Morris WH, Maureen Ogilvie UR

Second

M/W12	Joanna Hill GO, Melissa Annetts GO, Georgia Jones UR
M16	Angus Roberts NC, Callum Roberts NC, Matthew Hill GO
M20	Alex Massie NC, Kasimir Gregory NT, Joshua Blatchford NC
M21	Ian Meyer SH, Rob Preston NC, Julian Dent CC
M65	Dave Lotty UR, Ron Junghans GO, Dick Ogilvie UR

Third

M16	Daniel Hill GO, Scott Charlton NC, Aidan Dawson GO
M35	Paul Marsh BF, Ian Jones UR, Peter Annetts GO

M55 Gordon Wilson BN, Nick Dent CC, James Lithgow GO

Xanthorrhoea Trophy (Interstate Point score)

1 NSW 21pts

AUSTRALIAN MTBO CHAMPIONSHIPS 2010

The Australian MTBO Championships were held near Daylesford VIC on 23 and 24 October.

Middle Distance

First W21 Mary Fien BF
Third M50 Robert Prentice SH

Sprint Distance

First M50 Robert Prentice SH

Long Distance

First W21 Mary Fien BF

AUSTRALIAN NATIONAL LEAGUES 2010

Foot O

The Australian National League was contested over 17 events in VIC, ACT, NSW and SA. The NSW Stingers represented NSW.

Individual

W21

1 Shannon Jones ACT 282pts
5 Tracy Marsh BF 232

M21

1 Julian Dent CC 303pts
4 Rob Preston NC 215
5 Ian Meyer SH 208

M17-20

1 Ian Lawford ACT 280pts
4 Josh Blatchford NC 224
8 Alex Massey NC 161
9 Kasimir Gregory NT 153

W17-20

1 Belinda Lawford ACT 280pts
5 Emily Prudhoe CC 198
9 Michele Dawson GO 168

Teams

W21

1 VIC 138pts
5 NSW 73

M21

1 NSW 150pts
2 ACT 127

W17-20

1 QLD 90pts
4 NSW 54

M-20

1 ACT 88pts
3 NSW 76

MTB O

The Australian National MTBO Series was contested over three rounds and seven events in NSW, Vic and Qld.

Individual

W21

1 Mary Fien BF 114pts
6 Melanie Simpson MD 47pts

M21

1 Alex Randall VIC 114pts
3 Rob Preston NC 63pts

W-20

1 Jasmine Sunley VIC 90pts

M-20

1 Chris Firman QLD 103pts

Teams

W21

1 NSW
eq VIC 55pts

M21

1 QLD
eq VIC 45pts
3 NSW 19

W-20

1 VIC 27pts

M-20

1 VIC
Eq QLD 49pts
4 NSW 8

AUSTRALIAN SCHOOLS CHAMPIONSHIPS 2010

The Australian Schools Championships were held near Williamstown SA ("Vixen Gully" and "Rocky Paddock") on 28 and 29 September

Teams

Second M-15 Aidan Dawson GO, Toby Wilson GO, Daniel Hill GO

Third M16+ Rob Bennett GS, Kasimir Gregory NT, Huon Wilson GO

W16+ Michele Dawson GO, Bridget Bennett GS, Sally-Anne Henderson NC

Relays

Third M-15 Aidan Dawson GO, Daniel Hill GO, Toby Wilson GO

M16+ Kasimir Gregory NT, Huon Wilson GO, Rob Bennett GS

W16+ Sally-Anne Henderson NC, Bridget Bennett GS, Michele Dawson GO

Overall

1 QLD 45pts
4 NSW 33

AUSTRALIAN TEAMS 2010

Australian Teams were selected to contest the World Junior Foot O Championships in DEN in July, World MTBO Championships in POR in July, AUS/NZL FootO Test Series in AUS in May and NZL in June and World Foot O Championships in NOR in August. NSW members of Australian Teams in 2010 were given financial support amounting to \$500 each from ONSW.

JWOC

Josh Blatchford NC

WOC

Julian Dent CC

Rob Preston NC

WMTBOC

Melanie Simpson MD

Mary Fien BF

AUSvNZL Test Series
Ian Meyer SH