

DuO Adventure NEWSLETTER



JANUARY 2015

It has been very quiet on the DuO side of the event calendar of late, however, after a few enquiries and offers of help there will be a NSW DuO Championship event held at Castle Hill Showgrounds on **Sunday 12**th **April 2015.** I have offered to help with organising the event with Mountain Devils being the organising club and Fedor and Marina Ishakova the course setters.

Planning and course setting is well underway and we hope to have a flyer available late January with the course details and timings. The details to date are:

Date: Sunday 12th April 2015
Venue: Castle Hill Showground

Start Time: 9.00am

Courses: Hard 1, Hard 2, Hard 3 and Novice

Details: Each course will have a mass start for the first scatter course around the showgrounds followed by a MTB leg to the second foot stage map handout. There are several great running tracks with the odd piece of tricky navigation included. Final leg will be an MTB ride back to the showground. This event will cover, parklands, some bush and the urban area.

We hope to have a lucky draw and BBQ on completion of the event.

MTBO and DuO Skills Training

As part of the NSW MTBO Championships there will be a skills session for mountain bike riding and orienteering on Saturday 21st March in Newcastle. The course will be on Saturday morning with the Long Distance MTBO event held in the afternoon.

If you attend the course and you have not competed in an MTBO event you will have free entry to the Recreational Class in the Long Distance event.

If you are keen to attend please email gbacon1@bigpond.com

NSW MTBO Championships

The NSW MTBO Championships will be held in Newcastle on 21st and 22nd March 2015. The Long Distance and Sprint will be at Holmesville and the Middle Distance at Pelew Main. Both areas are great for riding and navigation with numerous trails and bike tracks without the big hills.

Have a quick look at the attached video link on the track network at Holmesville.

http://tinyurl.com/kr3vjx2

Details for all the events will be posted on Eventor