

SAMPLE MAP



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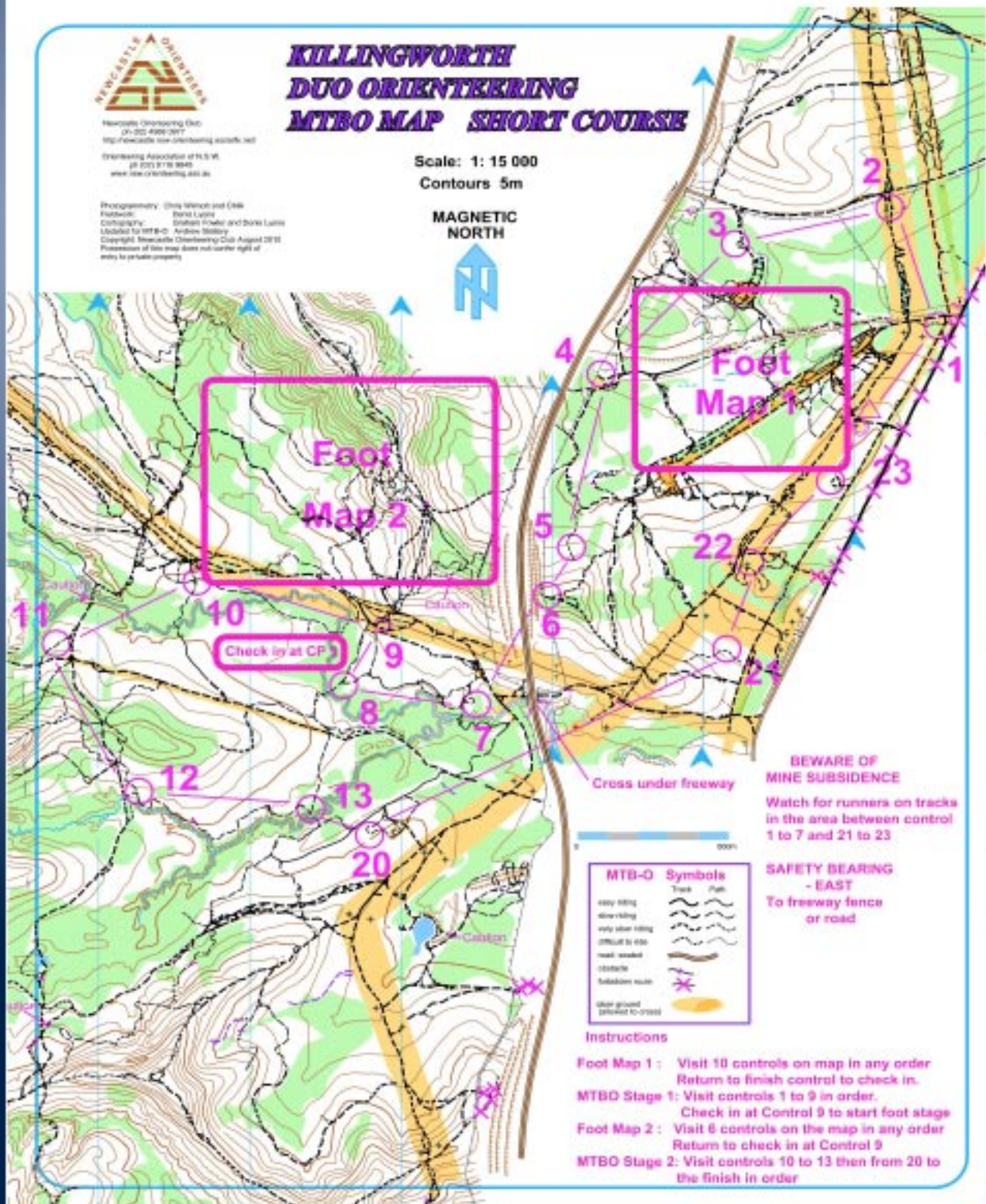
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Cartography: Graham Fowler and Derek Lunn
Updated to MTBO: Andrew Skelton
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KILLINGWORTH DUO ORIENTEERING MTBO MAP SHORT COURSE

Scale: 1: 15 000
Contours 5m

MAGNETIC
NORTH



**BEWARE OF
MINE SUBSIDENCE**

Watch for runners on tracks
in the area between control
1 to 7 and 21 to 23

**SAFETY BEARING
- EAST**
To freeway fence
or road

MTBO Symbols	
easy riding	Track
slow riding	Path
only slow riding	
difficult to ride	
road - avoid	
obstacle	
subsidence mark	
other ground features to avoid	

Instructions

- Foot Map 1 :** Visit 10 controls on map in any order
Return to finish control to check in.
- MTBO Stage 1:** Visit controls 1 to 9 in order.
Check in at Control 9 to start foot stage
- Foot Map 2 :** Visit 6 controls on the map in any order
Return to check in at Control 9
- MTBO Stage 2:** Visit controls 10 to 13 then from 20 to
the finish in order