



2024 Christmas 5 Days General Information December 27-31



BULLETIN 1

Welcome

The 2024 Xmas 5-Days carnival is in Sydney, Australia's first and largest city. We have some stunning scenery and locations for you – along with the usual sightseeing treats.

Traffic volumes are greatly reduced at this time of year and getting around by car is easy. However, parking can be very tight at many popular locations, fees apply... and rangers are always out in force.

We have also come up with an interesting mix of course formats to keep you entertained.

Transport

All days can be easily reached via public transport. Please use the [NSW govt Trip Planner](#) to assist you. For Opal card customers, adult travel costs are capped at

- \$2.50 per day with a Seniors Card
- \$9.35 per day on Fri-Sat-Sun-public holidays
- \$18.70 per day from Mon-Thu
- \$50 per week (an Opal week runs from Mon-Sun)

Carnival program

Day	Venue	Format	Notes	Winning time
Fri Dec 27	Pennant Hills HS	3D Sprint	A mind-boggling opener on so many levels!	25 minutes
Sat Dec 28	Centennial Park	Loops	Sydney's great urban park, with lots of leisure and recreation options	35 minutes
Sun Dec 29	Chippendale (new map!)	Long Sprint	Enjoy Victoria Park and inner-city laneways	25 minutes
Mon Dec 30	North Head (new map!)	Score	First time on a new map of this awesome patch of bush high above Manly	45 minutes
Tue Dec 31	Pioneers Memorial Park	Ultra Sprint	Fast, furious, short and sharp – 3 micro courses to test your map reading	25 minutes

Course / Class Structure

Classes and course difficulty			SL age class guide		SSS Age class guide	
Men A	Women A	Hard 1	M16-40	W16-35	JM, OM, MM	JW, OW
Men B	Women B	Hard 2	M45-55	W14, 40-50	VM, SVM	MW, VW
Men C	Women C	Moderate	M12-14, 60	W12, 55-60	LM	SVW
Men D	Women D	Moderate	M65+	W65+	IM, WaM	LW, IW, WaW
M/W E		Easy	M10	W10		

All events will have walk-up starts.

Entry fees

Days 1-2-3-5

Senior (aged 21+) \$25, Junior (aged 13-20) \$17, Sub Junior (aged up to 12) \$12.

A family discount is available. If you enter all family members at the same time, Eventor will automatically provide you with a discount.

Day 4 (Sydney Summer Series)

Senior (aged 21+) \$15, Junior (aged 13-20) \$10, Sub Junior (aged up to 12) \$8.

Non-members add \$4 per entry.

Entries are now open via Eventor. Tick the box for each day to enter multiple days.

Pre-entry closes Thursday December 19.

Results

Overall winners will be determined based upon their best 3/4 results from Days 1-2-3-5.

(The SSS on Day 4 will NOT count towards the X5D scoring.)

Scoring will be as follows:

- The winner in each class each day will receive 100 points, 2nd place 99 points, 3rd place 98 points etc.
- If you do not start, or you mispunch, you will receive 0.
- The overall victor in each class will be the person with the highest total score across their best 3 days.

Prizes

Prizes will be awarded to X5D daily winners. However, if you have already won a stage you will not be able to win a second prize except for the Overall Class prize.

Daily spot prizes for X5D competitors will be drawn each day at random. You must be present at the draw to claim the prize.

Prize giving will occur as soon after the last start as possible. Day 1 prizes will be presented on Day 2.

Start Window / Course Closure

The start will be open each day as follows:

Day	First Start	Last Start	Course Closure
1	16.30	18.00	19.00
2	08.00	10.00	11.00
3	08.30	10.00	11.00
4	16.30	18.45	19.30
5	08.00	10.00	11.00

Day 2 and Day 5 Notes

You have 3 short line courses to complete between 8am and 11am.

Split Starts for child minding

Walk-up starts mean people can manage their own split starts.

Registration

There will be a registration tent at each day's event for enquiries, collection of hired SI sticks, payment of outstanding fees and Enter-on-Day courses; otherwise there is no need to report to registration.

Each club is responsible for its own event. Please check Eventor for each day's details.

Sportident

All events will use Sportident electronic timing. Each club will determine whether it will offer SI Air capability, however SI Air sticks will not be available for rent. Participants are strongly encouraged to use the one SI stick throughout the carnival. Standard SI stick hire will be free for the whole carnival.

Enter on the Day

Anyone wishing to enter on the day should report to the registration tent as soon as they arrive at the event, and no later than 30 minutes after the first start. Each club will decide which courses are on offer for EOD, along with the entry fees.

Maps

Maps will not be collected at the finish. The onus is on competitors not to show other competitors their map until after they also have run, nor seek to view maps of runners who have completed their courses.

GENERAL INFORMATION

Weather

Average daytime temperatures in Sydney range from 18-26 Celsius. Sunrise will be around 5.45am and sunset 8.05pm.

Places to Visit

Walking - <https://www.bestsydneywalks.com/>

Kids - <http://sydneyforkids.com.au/home.cfm>

Blue Mountains - <http://visitbluemountains.com.au/>

[The Sydney Pass](#) (offer multiple attractions at discounted rates) – Sea Life, WildLife Sydney, Tower Eye, Madame Tussaud's

Camping

Camping is available at the following locations:

[Lane Cove National Park](#)

[Sydney Lakeside Holiday Park](#) Narrabeen (run by NRMA)

[Cockatoo Island](#) Sydney Harbour

[The Basin](#) Pittwater (catch a ferry from Palm Beach)