



NSW JUNIOR SQUAD NEWSLETTER #4

April 2009

NOL Round 3

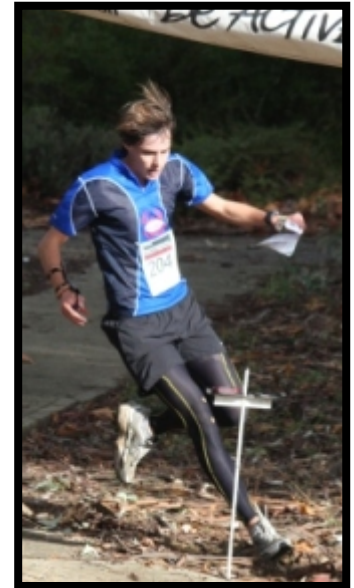
The ACT Championships, over sprint, middle and long distance disciplines also doubled as round 3 of the 2009 Silva National Orienteering League.

Members of the NSW Junior Training Squad were in Canberra in droves, and in particular M/W 17-20 competitors. For possibly the first time since the inception of the Junior Orienteering League, **NSW 'Junior Stingers' fielded full teams in both the men's and women's divisions.**

There was also a social component to the weekend for our Junior Stingers, who enjoyed a magnificent pasta night at the North Lyneham 'Castle' of Fel, Jules, Phoebe and Jose. Members of the 'Senior Stingers' group were also in attendance, and the seeds have certainly be sown for long and hopefully prosperous participation of NSW teams in Australia's elite level orienteering competition.

Paul Prudhoe has posted an excellent report, photos and links to full results on the OANSW web site. Please take the time to have a read, and aspire to one day be a 'Junior Stinger' yourself.

<http://www.nsw.orienteering.asn.au/>



Junior World Orienteering Championships 2009

The Australian team, of which Josh is a member, will go into training camp on Sunday the 28th June. They will be staying in Cesuna, a couple of hours south of the JWOC area.

The team will then travel to Fiera di Primiero for JWOC 2009 between the 4th and 12th July. For all of you on 'Attackpoint', the team has created a team trog, under the user name 'AUSJWOC2009'. Some entries have already been logged, and are worth checking out. Obviously the trog will get very busy from the 28th of June.

Josh, and the whole team, would appreciate any support you could provide, and this Attackpoint connection will prove as effective a way as any to follow the fortunes of Josh and his team mates during JWOC 2009. We hope you can find some time to be part of this experience in Italy – something to which you can all aspire. As Russell has told you before – to quote Dominic Thornely, 'Speed Blitz Blues' cricketer – “*today's dreams are tomorrow's achievements*”. Follow JWOC 2009 and kick start a dream!



Welcome

Following commendable results at the last two State League races, ('Hilltop' and 'Windellama') Dave Lotty has recently sent an official invitation to Rhiana Roberts (Junior Girl) to join the NSW Junior Training Squad. Congratulations Rhiana.



Future Fundraising

1. World Masters Games Sprint Orienteering Warm up/Model event

- The NSW Junior Training Squad has made a commitment to the Uringa Orienteering Club to assist with the staging of a sprint model/warm up event at Callan Park in Sydney on Friday the 9th of October.
- This event will take place one day before the official opening of the 2009 World Masters Games in Sydney. There is a strong possibility that 500 competitors will avail themselves of this warm up/model event opportunity, and our squad will share the proceeds from the event with the Uringa club.
- Our main commitment will be in the form of 'watching controls' to ensure they are not tampered with in a high visibility public area, and to assist at the finish.
- It is now time to get the actual names of all connected with our squad who will be assisting on Friday the 9th – squad members, family members, aunts/uncles etc – all are most welcome, and the financial benefit to the squad will be enormous.
- Expressions of availability to Karen/Russell either by phone (02)49341784, 0421857033, 0421151061 or by email, which is preferred, at blatchy25@yahoo.com.au.
- It is important to note that as this event is not an official part of the World Masters Program, those volunteering to assist DO NOT have to register as a 'Games Volunteer' through the OANSW web site.



2. World Masters Games Orienteering Events:

- Sprint qualification will take place in Sydney on **Saturday the 10th of October**, and the final will be run at Sydney Olympic Park on **Sunday the 11th of October**.
- Our NSW Junior Training Squad has been approached to join with the NSW 'Senior Stingers' to create two teams of 10 – 12 people (20–24 in total) to man the start area for both of these events.
- Our squad has also been approached to provide man power for start area teams for the bush events in the Blue Mountains (Lithgow) from **Wednesday the 14th of October to Saturday the 17th of October**.
- Squad members, family members etc who can assist in Sydney and/or Lithgow **MUST** register as a volunteer through the OANSW web site – refer to the web posting dated Wednesday 6th May, titled 'Volunteers Needed for WMOC 2009'. When registering through this online process, tick the Orienteering 'box' at the appropriate time. This will ensure your name goes to event Director Nick Dent.
- Should you wish to run in the WMOC or in the public event races, Nick will accommodate your wish to do so when he creates the 'start roster'.
- Accommodation, particularly in the Blue Mountains, will be very tight. We have been advised that the cheapest, most available option would be to camp at the Lithgow Showground. To reserve camping, click on the 'Accommodation' menu link on the WMOC web site, accessible through the site of OANSW.
- If we are able to provide the necessary volunteer work force for Sydney and the Blue Mountains, we will share \$2000 with the senior Stingers – too good an opportunity to miss out on. Hope you can register and be part of WMOC 2009 as a volunteer, and secure our squad ongoing financial support.





QBIII Fundraising

The NSW Junior squad will definitely be given the opportunity to raise more valuable funds by catering at Sunday's event. This will involve a BBQ, and selling cakes, slices, biscuits and drinks.

The more manpower we have, the easier the task for everyone.

As more details become available closer to the date, we'll let you know.

Being a selection race, we'd be hoping all members and their families could assist by providing items to sell, as well as helping out at the BBQ when not competing.

Thanks for your support.



Training Camp

Due to personal commitments we unfortunately won't be able to run a week long training camp during the next school holidays.

At this stage we do hope instead to be able to hold a weekend camp prior to the school team competing in Victoria. We are currently investigating the chance of using some spur/gully maps in the Southern Highlands.

We will inform you of more details as they come to hand.



What you need to do:

- Let us know if you can assist at the Warmup/Model event in Sydney on Friday 9th October (middle weekend of the NSW school holidays)
- Register online AND let us know as well, if you are able to assist as a volunteer for the WMOC at
 1. The sprint event 11th and 12th October in Sydney.
 2. The bush events near Lithgow from 14th – 17th OctoberOR both.
- Bring some goodies for our fundraising stall Sunday's event at QBIII. Bring some BBQ manpower to the event as well.
- As you are aware the final NSW School's selection races are held at the QBIII weekend. Good luck to all those that have nominated. There really is such a great feeling among the squad members at the moment. The team will be announced following the Sprint event at Newcastle Uni and the team members will be required to meet and receive necessary documents, and try on uniforms.