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It's Pokemon Go meets orienteering

FOR anyone who loves to read a map or solve a problem on the run a free new activity described as a combination of Pokémon Go meets orienteering is now available at Sydney Olympic Park.

A year-long collaboration between Orienteering NSW and the Sydney Olympic Park Authority (SOPA), has resulted in 10 orienteering courses, including wheelchair-friendly routes, which can be followed using either a printed map or a free smartphone app.

Orienteering NSW President, Greg Barbour welcomed the new courses which start from the Waterview Café at Bicentennial Park and range from 1km to 5.3km, offering something for everyone, from beginners interested in a leisurely walk through to experienced orienteers looking for a tougher challenge.

"Orienteers come in all shapes, sizes and ages; and generally have a great respect for and love of the environment and the outdoors," Mr Barbour said.

"This permanent activity at Sydney Olympic Park will help to showcase our sport to a huge urban population."

SOPA chief executive officer, Charles Moore said was "a terrific example" of how technology can be used to get people out and about and leading active lifestyles.

The free smartphone app can be down-loaded at sydneyolympicpark.com.au and search for 'Orienteering Permanent Course'.

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