

## DuO Adventure Series 2013-14

DuO is a mix of MTBO and Foot O and offers 3 hard courses plus an easy course. We had 196 entries across the four events last summer.

We'd like to offer a big thanks to the tireless efforts by Greg Bacon of Newcastle Orienteers, who has stepped down as DuO co-ordinator after 3 years at the helm. It's also encouraging to see five clubs represented among the award winners this year.

Long Men 3rd	Patrik Gunnarsson	Big Foot
Long Men 2nd	Greg Barbour	Big Foot
Long Men 1st	Steven Todkill	Newcastle
Long Women 3rd	Carolyn Haupt	Garingal
Long Women 2nd	Nicole Haigh	Big Foot
Long Women 1st	Marina Iskhakova	Bennelong
Medium Men 3rd	Rod Parkin	Bennelong
Medium Men 2nd	Greg Bacon	Newcastle
Medium Men 1st	Andrew Power	Newcastle
Medium Women 3rd	Carolyn Matthews	Newcastle
Medium Women 2nd	Paula Shingler	Big Foot
Medium Women 1st	Sally-Anne Henderson	Newcastle
Short Men 3rd	Graeme Taplin	Bennelong
Short Men 2nd	Dan Redfern	Garingal
Short Men 1st	Michael Roylance	Big Foot
Short Women 3rd	Elise Howlett	
Short Women 2nd	Amanda Mackie	Mountain Devils
Short Women 1st	Nicole Sellin	Garingal
Easy 3rd	Oliver Freeman	Big Foot
Easy 2nd	Angus Smith	Newcastle
Easy 1st	Alec Power	Newcastle

## MTB Orienteering Super Series 2014

In 2014 there were 8 events. Certificates are awarded for first place for men and women on each of five courses.

The winners are:

Course 1 – Men	Fedor Iskhakov	Bennelong
Course 1 – Women	Marina Iskhakova	Bennelong
Course 2 – Men	Malcolm Roberts	Newcastle
Course 2 – Women	Nicole Haigh	Newcastle
Course 3 – Men	Andrew Power	Newcastle
Course 3 – Women	Carolyn Matthews	Newcastle
Course 4 – Men	Rudi Landsiedel	Newcastle
Course 4 – Women	Betty Behrens	
Course 5 – Men	Graham Fowler	Newcastle
Course 5 – Women	Rhiannon Prentice	Mountain Devils

## Metro League 2014

The Metro League this year remained at a record 29 teams in five divisions. After some promotions and relegations, Divisions 1, 3, 4 and 5 had six teams; while Division 2 had five teams, which meant a bye.

The top two teams in each division contested a final, hosted by WHO on a new map at Cecil Hills with sweeping views to the city.

This year marked the second year of an individual medal for the orienteer with the most points in each division. These were all very closely contested.

**Divn 1 – Big Foot** (Patrik Gunnarsson, Andy Simpson, Eoin Rothery, Greg Barbour, Mark Shingler, Simon George, Andrew Brown). **Medal – Andrew Hill (WHO).**

**Divn 2 – Big Foot** (Miles Ellis, Cath Chalmers, Jayne Sales, Alistair George, Chris Jacka). **Medal – Angus Shedden (SHOO).**

**Divn 3 – WHO** (Darius Cartwright, Ted Mulherin, Benny Holmgren, Tim Perry, Daniel Smith, Dmitry Stukov, Graeme Hill). **Medal – Alex Karavaev (IKO).**

**Divn 4 – Bennelong** (Julian Ledger, Michael Halmy, Mark Robinson, Brett Sewell, Chris Cunningham, Rod Parkin, Peter Hopper, Peter Thomason, David McGhee). **Medal – Tania Kennedy and Lewis Redner (GO).**

**Divn 5 – SHOO** (Ben Cummins, Sandra Stewart, John Hodsdon, Val Hodsdon, Peter Meyer, Lyn Malmgron, Robert Spry, John Russell). **Medal – Samuel Tsang (BN).**

## President's Junior Award 2014

### **Nomination - Toby Wilson (GO)**

Toby is a regular helper at Garingal and ONSW events. He is a highly valued member of any event team due to his obliging and flexible attitude, extensive skill set and also his willingness to take on any task. During the past year Toby has helped with:



- Course planning;
- Putting out and collecting controls;
- Event registrations;
- Sportident;
- Map updating;
- A TV promotional shoot;
- Junior squad catering; and
- Beginner welcoming and coaching.

In particular, Toby was course planner for the significant bush event, **The Dungaree Challenge** which was part of the Easter Carnival. Other events that Toby has also played a significant part of the team in during 2013/14 have included:

- Some 16 Saturday Orienteering Series events, including setting for one of these;
- Space Racing events;
- Garingal's Willoughby Council promotional event and the Beacon Hill Metro League;
- Spooks; and
- He has also consistently assisted with junior squad activities.

Toby has made an outstanding contribution to orienteering throughout the 2013/14 season.

**The winner is... Toby Wilson (GO)**

## Encouragement Award (Cox's Cup) 2014

*Awarded to an orienteer who makes efforts to encourage other orienteers by both personal efforts and example*



Since the Western Sydney Summer Series started up in early 2012 our winner has not stopped spreading the word to new audiences.

She is heavily involved in mapping, course setting, designing and distributing flyers, coaching newcomers and making sure that everything is in hand. Not to mention offering many suggestions for broadening our reach in the area.

On a personal level, at the recent Australian championships she claimed a second and two thirds, and a win in the WA Long champs.

**The winner of the 2014 Cox's Cup Encouragement Award is Janet Morris from the Western and Hills club.**

### Rookie of the Year 2014

*Awarded to a new (less than 2 seasons) orienteer showing a high level of competitive achievement*

In his first year of bush orienteering, our winner's results have been inspirational.



In a highly experienced field in M55AS he finished 5<sup>th</sup> – behind such luminaries as Dave Lotty, Robert Spry, Kevin Williams and Garry Stewart.

He started in May at the Lithgow weekend – which is quite an introduction to fine compass work. This was just a month after breaking ribs and puncturing a lung after a nasty fall on the first day at Easter.

Our winner finished with an average from his best 7 events of more than 60 points per event.

**Rookie of the Year for 2014 is Johnny Petersen of Garingal**

### Graeme Mitchell Award 2014

*Awarded to the OY Course Setter of the Year based on the results of a website survey by participants from State League events.*



This year we have a first – the award is shared by two young men with 89.5 points out of 100. And to show how close this was: the next three course setters (and we feel they deserve a mention – Russell Blatchford, Briohny Seaman and Denis Lyons) were all within one point of our winners. Our winners were hailed for a great set of long format courses with excellent long route choice

legs. The other courses were also right on the mark.

**Course Setters of the Year are NSW Stingers - Josh Blatchford of Newcastle and Matt Parton of Goldseekers - for their courses on Days 2 and 3 of the QB III carnival, on the Sappa Bulga map near Dubbo.**

### NSW Interclub Trophy 2014

*This is awarded to the club with the highest club score in the State League events. This has become an annual tug of war between our two biggest clubs, Garingal and Newcastle, and 2014 was no different.*

3	Big Foot	756
2	Newcastle	1438
1	Garingal	1469



## NSW Club of the Year 2014

*Awarded to a club showing a high level of achievement in promotion, membership, event organisation and competition*

This club continues to excel in all areas of orienteering – mapping, course setting, event management, welcoming newcomers, and in performance at State Leagues. They have even introduced a ‘pram walking’ category to their summer series. They have leveraged the mapping of schools to give the club new assembly areas, as evidenced by the fantastic NSW schools champs – which required triple the effort as they pioneered a two-legged sprint champs on Saturday to go with the traditional bush event on the Sunday.

**Our Club of the Year for 2014 is Newcastle**



## President's Award 2014

*Awarded by the President to an orienteer making an outstanding contribution to the furtherance of NSW orienteering*



This year we have dual winners – and fortunately the trophy can remain in the same house for the next 12 months. The male is heavily involved behind the scenes as ONSW Mapping Officer, mapping dozens of schools and new areas for our sport in his home region of Hunter and beyond, co-ordinates Routegadget, takes photos at events and much more.

The female winner is one of the lovely public faces of our sport – she has driven our expansion of the AASC program, helped run the wonderful NSW schools championships in Newcastle that set new levels of awesomeness, and delivers the word on orienteering to many small schools, gala days and beyond...

**The winners are Carolyn and Russell Rigby (Newcastle)**

## Wombies 2014

*For the more light-hearted moments in orienteering...*

At the first event in the Aus Champs in WA, in heavy rain and strong winds, this lass finished without a map. She said she'd lost it 2/3 of the way around. A slightly distressed elderly male competitor had asked her for directions and she showed him on her map where they were. When he ran off she noticed that she no longer had her map.



Spectators assumed she would mp or dnf – but her download showed she had punched all the controls – and came 8<sup>th</sup> out of 22 in her class !

How did she manage to get the last three controls without a map? She had memorised their positions and so was able to find them without a map.

Running without control descriptions? Yes, we sometimes do that. But running without a map? A coach of the future – **Ellen Currie**.