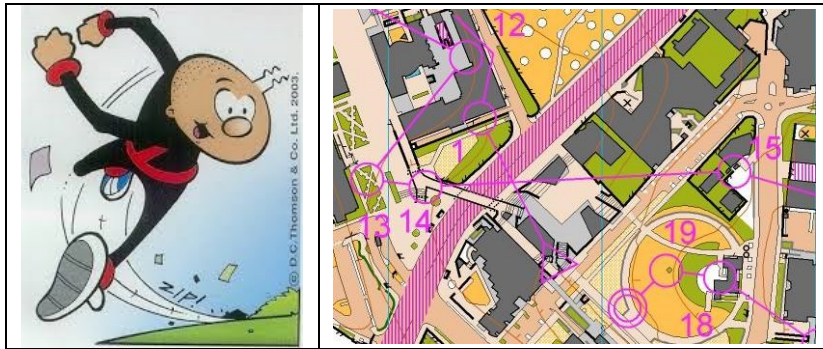


COME TO SYDNEY'S BIG WEEKEND OF URBAN SPRINT ORIENTEERING

1. Big Foot Sprints Sydney University, Sat Oct 12



This is the 16th edition of Australia's longest-running Sprint O event.

What is it? A two-stage race. For stage 1 runners leave at a pre-determined interval on a course of about 2.3km. The second stage is a chasing start with the fastest runners from stage 1 going off first. Winning times are expected to be about 14-15 minutes on each stage for the elites.

Where: North side of the Arena Sports Centre, Western Ave, Camperdown.

When: Stage 1: starts from 3-4pm, stage 2: 4.30pm + your stage 1 time.

Classes: Open men and Open women. *Entries close Oct 7*

Entries: <http://eventor.orienteering.asn.au/Events/Show/357>

Information: Mark Shingler on 0412 404 336 or BFS@bigfootorienteers.com



www.bigfootorienteers.com

COME TO SYDNEY'S BIG WEEKEND OF URBAN SPRINT ORIENTEERING

2. NSW Sprint Championships Pyrmont, Sun Oct 13

The Pyrmont peninsula has been completely transformed from its industrial past, and is now a quiet apartment and foreshore parkland mecca. Old lanes, stairways and impassable 15m cliffs combined with the many new paths, parks and wharves make this suburb ideal for sprint O.

What is it? A line course of 1.5-3.5km. Expect lots of changes of direction and challenging route choices due to the steep walls in some sections.

Where: Pirrama Park, Pirrama Road, Pyrmont. You must pay for parking. We recommend catching public transport.

When: Start times are from 9am-10am.

Classes: All classes offered. *Entries close Oct 7.*

Entries: <http://eventor.orienteering.asn.au/Events/Show/358>

Information: Jamie Kennedy on 0435 049 395 or jamioken74@gmail.com

