

EVENT RISK ASSESSMENT

EVENT: 2012 NSW Long Orienteering Championships

EVENT DATE: 9 September 2012 (Sunday)

EVENT LOCATION: 18km NW of Molong, NSW

Preamble

This event is organised by Bennelong Northside Orienteers Inc. (BNO) on behalf of the Orienteering Association of NSW (ONSW). The event organiser and key officials have been involved in the setting and conduct as well as participation in major orienteering events for a number of years.

ONSW event organiser: Robert Spry
Mobile: 0402 040210

Participant details

233 entrants have registered. Name and contact details are held by the organiser.

Activity

The athletes will be participating in orienteering. That means that they will be running through bushland with map and compass.

Risks

1. Transport to venue

Access is by sealed and rough gravel road. 4WD and normal 2WD vehicles can access the venue.

2. The venue

Bush bounds all sides of the map. Safety direction generally NORTH which will bring athletes to the Assembly area or to the east-west public road.

3. Facilities

Shelter: Tents

Toilets: Bush toilets.

Water: Water is available in the assembly area, and on courses.

4. Child protection

Refer to OA Child Protection Policy

5. Runners with Disabilities

Because of the nature of the terrain, the event is not suitable for athletes with disabilities.

Individuals should make appropriate provision for medical conditions such as diabetes or asthma.

6. Public Liability Insurance

The Orienteering Association of NSW maintains an insurance policy that has \$20 million public liability and \$2 million professional indemnity cover. A copy of the policy can be provided.

7. First Aid

First aid volunteers were invited but are unable to attend.

A first-aid kit will be on site, supplied by the organising Club.

8. Medical Plan

Mobile telephone coverage is NOT available at the venue.

A first aid kit and qualified first aid practitioner will be on hand.

If required, an ambulance may be called.

Emergency calls 000 for police, fire, ambulance

Closest ambulance station: Molong

Closest hospital: Orange Health Service

1502 Forest Road, Bloomfield

Contact number: 6369 3000

Local police: 1 Edward St, Molong

Phone: 6366 8500

NSW Rural Fire Service

Phone: 1800 679737

Closest appropriate helicopter landing place: paddocks near entry gate

Latitude: -33.0646°

Longitude: 148.7097°

8. Risks and responses

Incident	Effect	Likelihood	Impact	Minimisation of Risk
Falling/tripping	Minor abrasions, sprains or fractures.	Moderate	Low to moderate	First aid will be on hand. Ice will be available.
Eye damage	Loss or impairment of eye sight.	Low	High	Runners will be advised to wear eye protection. First aid will be on hand.
Collision	Head bump, bleeding nose, bruising and minor abrasions.	Low to moderate	Low to moderate	Courses are set to reduce the risk of runners being in close proximity and travelling in opposite directions.
Snake bite	Poisoning	Very low	Low to high depending upon the species.	The event is in spring, in a rural environment. Runners will be briefed to avoid all animals. If a bite occurs, an ambulance will be called.
Exposure	Minor sunburn	Low	Low	Runners are on their courses for a limited amount of time. Risk at this time of year is considered low.

8. Risks and responses continued

Incident	Effect	Likelihood	Impact	Minimisation of Risk
Collision with a vehicle	Minor to major abrasions and fractures.	Low	Low to high depending upon situation.	None of the courses traverse roads.
Dehydration	Minor dehydration.	Moderate	Moderate	As the event will be in spring, cool conditions are expected. A time limit will be set for the runners to complete their course.
Medical condition	Asthma, diabetes, heart condition etc	Low to moderate	Low to high depending upon situation.	Medical details and special needs that might be relevant to participation have been requested of all participants. A first-aid kit and designated first-aid officer will be available.
Getting lost	Distress and anxiety	Low	Low to moderate	Runners will be advised of a course closure time. After which a check that all runners have returned will be completed.

Information prepared by:

Robert Spry,
Organiser
for Orienteering Association of NSW Inc.

Date: September 2012
