



LEVEL 0 COACHING COURSE - 25 January 2017

Orienteering relies on coaches to introduce newcomers to the sport and to develop the skills and fitness of all members. An inclusive, engaging and progressive coaching program across all clubs is part of offering a rewarding membership experience.

By becoming an accredited coach you will have the opportunity to give back to your sport, be part of the ongoing growth and success of orienteering and potentially have a personally rewarding involvement in the lives of others.

Attending the Coaching Workshop is part of the accreditation process for becoming a Coach.

When and where

11am to 3pm on **Wednesday, 25 January** at Manly West Public School.

Level 0 Accreditation

The Level 0 Coaching Workshop is designed to develop coaching skills to introduce beginners of all ages to orienteering. It is ideal for coaching at a club level and in schools.

Pre-Requisites

1. There is a minimum age of 16 years for this course;
2. Working With Children Clearance;
3. Complete the Australian Sports Commission [Community Coaching General Principles](#) online course;
4. Sign a Coaches Code of Ethics agreement at the course;
5. Membership of Orienteering NSW

Registration and enquiries

Please contact Ian Jessup (marketing@onsw.asn.au) or on 0416 040 135, or Jim Mackay (development@onsw.asn.au) or 0407 476 345.

Lunch will be provided. Please wear comfortable exercise clothes.

Please bring: a drink bottle, notepad, pen or pencil, hat

Optional: bring your laptop with Purple Pen already installed for an intro to course setting