



LEVEL 0 COACHING COURSE - 29 January 2019

Orienteering relies on coaches to introduce newcomers to the sport and to develop the skills and fitness of all members. An inclusive, engaging and progressive coaching program across all clubs is part of offering a rewarding membership experience.

By becoming an accredited coach, you will have the opportunity to give back to your sport, be part of the ongoing growth and success of orienteering and potentially have a personally rewarding involvement in the lives of others.

Attending the Coaching Workshop is part of the accreditation process for becoming a coach.

When and where

1-4.30pm on **Tuesday, 29 January** at Sports House, 8 Parkview Drive, Sydney Olympic Park. Free parking is available. Olympic Park train station is a 5-minute walk.

Cost

Free for orienteering club members.

Level 0 Accreditation

The Level 0 Coaching Workshop is designed to develop coaching skills to introduce beginners of all ages to orienteering. It is ideal for coaching at a club level and in schools, and for simple course setting.

Pre-Requisites

1. There is a minimum age of 16 years for this course;
2. Working With Children Clearance;
3. Complete the Australian Sports Commission [Community Coaching General Principles](#) online course;
4. Sign a Coaches Code of Ethics agreement at the course;
5. Participate in two orienteering events (can be retrospective)

Registration and enquiries

Please contact Jim Mackay (development@onsw.asn.au or 0407 467 345) to register.

Please bring: a drink bottle, pen or pencil, computer with Purple Pen installed (download free from <http://purplepen.golde.org/>)