

# ORIENTEERING AUSTRALIA COACHING CONFERENCE

January 24<sup>th</sup> - 25<sup>th</sup> January 2015  
AIS, Canberra.

A **Coaching Conference** is being planned by the **Orienteering Australia High Performance Coaches**.

This conference is aimed at any orienteer who is interested in gaining **Level 1 Coaching Accreditation**, or who wants to update their current **Coaching Accreditation at Level 1, 2 or 3**. This conference will enable currently accredited coaches to gain points towards increasing the level of their coaching accreditation.

Given the introduction of the [FTEM Athlete Development Pathway](#) into Orienteering and also the restructuring of the **National Squads** there is a clear need to increase the number of active coaches within orienteering in Australia at all levels - club, state and national.

Current Australian National Coaches- Nick Dent, Wendy Read, Hanny Allston, Jim Russell and Russell Blatchford will be the coordinators of the Conference. Current Level 2 and Level 1 coaches will have the opportunity to present a session during the conference.

As part of the accreditation process the [ASC General Principles](#) (online) Course is required to be completed. It is preferable that this be completed prior to attendance but is not essential, and can be completed later.

**Main areas of the conference** will be

- **Understanding the FTEM- Athlete Development Pathway**- especially as it applies to each level of coaching.
- Establishing **clearly defined benchmarks** for each level within the FTEM framework.
- Coaching the **physical, technical and mental** aspects of orienteering at each level.
- **Skill development** at each level of the pathway and **practical methods** for coaching these.
- An understanding of the **different orienteering disciplines**.
- How to become an **elite orienteer**.
- For Level 2 and 3 Coaches- **using AMP**.

The conference will take place the **AIS** in Canberra, where **full board accommodation will be available**.

Orienteering NSW is very keen to increase the number of coaches in NSW and strongly encourages each NSW club to have at least one accredited coach in their membership. To encourage ONSW members in gaining coaching accreditation or currently qualified coaches interested in updating or increasing their level of accreditation, ONSW will make funding available to assist members attend the conference . The level of funding (covering accommodation and transport costs) will depend on the final numbers attending from NSW and the transport arrangements.

General expressions of interest to:

[admin@onsw.asn.au](mailto:admin@onsw.asn.au)

By 26<sup>th</sup> November 2014

John Murray

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Specific conference content enquiries to:

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Nick Dent

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