

Welcome to the Curl Curl Lagoon permanent orienteering course. These courses are free and open to the public.

Who participates in orienteering?

Anyone! It is perfect for all ages and experience levels. Go at your own pace – solo, or grab some friends and go in a small group.

Which course should I take?

The 'North' courses start from the green wooden Curl Curl Youth Centre sign on Abbott Road. **Please do not use the North courses when netball is on** (Saturdays from April-August) as there are thousands of players, officials and spectators present.

The 'South' courses start from the metal sign displaying the park rules, just east of the Weldon Oval clubhouse.

Easy courses are short and in a simple loop, while medium and longer courses require more complex navigation and may criss-cross the map. All courses are off-road – but please be mindful of the car parks on the map.

What will I need?

- (1) If you are doing it retro-style you need the map, the control card (at the bottom of this page) and a pen or pencil.
- (2) If you are doing it via the MapRun app you just need a phone. However, we recommend beginners always take a colour map with them.
- (3) Comfortable exercise clothes.

Will I need a compass?

No - there are plenty of paths, ovals and the lagoon to use as reference points. If you are unsure of where you are at any time, remember to always have the map facing north (i.e. towards Abbott Road), and look for the nearest obvious large feature (oval, creek, lagoon, car park etc) close to you. Look for this feature on the map to regain your bearings.

How do I complete the course?

- (1) Line courses – visit the control points in the listed order. The control point will have a number and a letter on it. The marker is in the centre of the circle shown on the map. The description tells you where it is.
- (2) Score – visit the controls in any order.

How do I prove I have visited a control?

When you find a control, (a) if you are doing retro, write its letter in the corresponding box on your control card, or (b) the app will beep and buzz to confirm you are at the control.

What are the courses?

- Easy North: 21-23-24-26-12-5-3-7-8-19 = 1.85km
- Easy South: 1-23-24-12-11-14-22-26 = 2km
- Medium North: 20-15-10-9-6-14-2-8-19 = 3.5km
- Medium South: 23-6-13-18-17-7-5-4-12-26 = 3km
- Long North: 26-25-16-5-19-17-15-9-1-4-3-8 = 5.3km
- Long South: 23-10-18-20-26-11-2-12-7-21-1-24-25-22 = 5.4km
- Score North: everything north of the lagoon (11-2-4-12-5-3-7-8-19-21-17-20-18-15-13) **in any order**
- Score South: everything south of the lagoon (16-14-25-22-26-24-23-1-6-9-10) **in any order**
- Score all: 1-26 **in any order**

1 Post	2 Walkway, E side	3 Fence bend	4 Forest bend	5 Sign	6 Sign	7 Sign	8 Bench	9 Post
10 Sign	11 Bench	12 Bench	13 Sign	14 Sign	15 Bench	16 Sign	17 Fence	18 E fence
19 Bench	20 Sign	21 Platform post	22 Sign	23 Bench	24 S tank, S pipe	25 Sign	26 Tank box	Finish Fence/Wall